

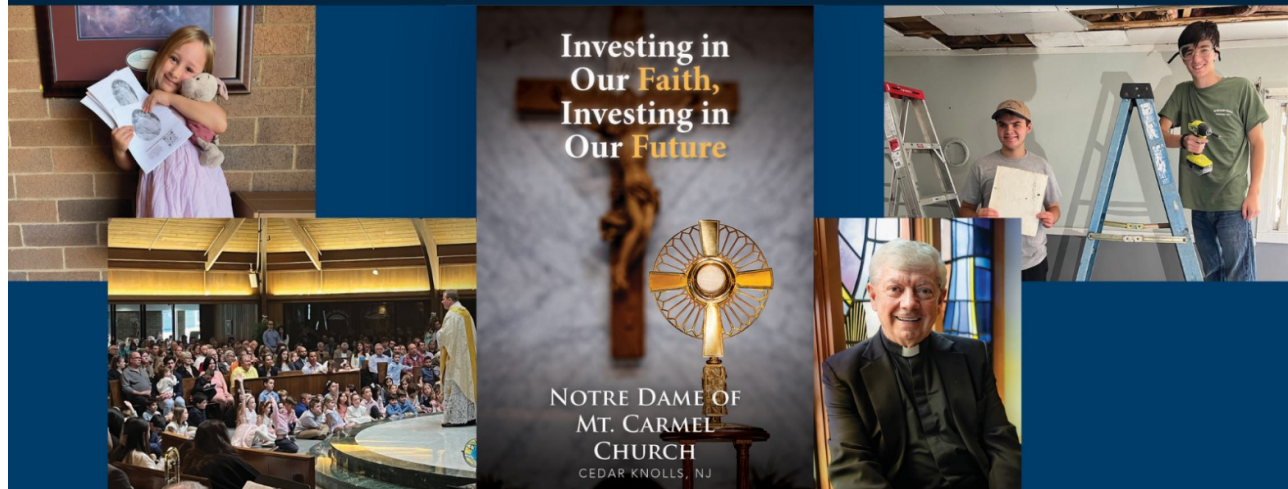
Melissa Fasano

From: mail@flocknote.com on behalf of Notre Dame of Mount Carmel Church
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Sent: Tuesday, October 10, 2023 4:36 PM
To: Melissa Fasano
Subject: Parish Update: October 10, 2023

Notre Dame of Mt. Carmel

PARISH UPDATE

October 10, 2023



Beautiful Eucharist

"I love so many things about being Catholic, but what I love most is the privilege and joy of receiving Jesus in the Eucharist. But I also know how easy it is to take things for granted. We do that a lot in life, and as Catholics, we do that a lot with the extraordinary faith we have been gifted."



"So here is my challenge for you and me. Let us never take for granted the extraordinary treasure of the Eucharist. Let us never become numb to the fact that Jesus wants to give Himself fully to you and me at every Mass. He really is there, waiting to transform our lives. That is the greatest treasure we could ever hope to have."

Allen Hunt, in Matthew Kelly's Beautiful Eucharist

Investing in Our Faith, Investing in Our Future

"The vineyard of the Lord is the house of Notre Dame." Fr. Paddy

This past weekend, at all Masses, Fr. Paddy shared about the many blessings we have received in our mission to **Welcome all, Build disciples, and Send** each and all on mission for Christ - fruit made possible through the power of the Holy Spirit and the generous support of our faith community.

Investing in Our **Faith**, Investing in Our **Future**



"This week, you will receive a brochure introducing our "Investing in Our Faith, Investing in Our Future" renewal. Our Commitment Weekend, October 14 & 15, I invite each of you to participate in this important program and help us respond to God's great gift of love. I ask that you please review the brochure and prayerfully consider how you and your family can help Notre Dame of Mt. Carmel by financially supporting our ministries, furthering our mission, and reinforcing our future.

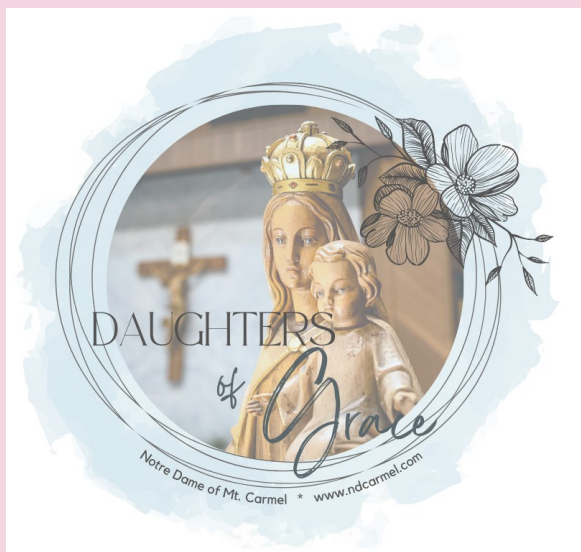
Our goal is 100% participation! Thank you for your generosity and support of Notre Dame of Mt. Carmel Church" Fr. Paddy

We ask that all our faithful complete the Commitment Card included with the brochure mailing. You may:

- Complete it and mail it to the church using the pre-addressed envelope included with the mailing.
- Complete it and bring the card to Mass next weekend.
- Submit it online on our parish website at www.ndcarmel.com.

The back of the Commitment Card has a place for you to include any prayer intentions you wish to share. We welcome all intentions, and they will be prayed for collectively over the next few weeks. If you would like to speak to a priest, please indicate so on your card, and we will contact you.

Daughters of Grace: A Blessed Beginning!



The new **Daughters of Grace** women's ministry began its official journey this past Wednesday with a ***"Spa for the Soul"*** series based on The Beatitudes. During the 8-month series, participants will experience each month a variety of content based on one of the Beatitudes; they will also have the opportunity for meditation, faith sharing, and community-building!

Parishioner and leader **Beth Letizia** led this first session and will lead a few more in the series. One of the ministry's goals is to inspire, encourage, and nurture

leadership so there will be opportunities for women to lead future sessions or ministry events while sharing their God-given gifts and calls to service.



"I had the pleasure of attending the first gathering of our new women's ministry, Daughters of Grace. It was a beautiful evening filled with joy and reflection. It was lovely to connect with other women and share in reflecting on the beatitudes. I loved Beth's enthusiasm and appreciated her guiding us through the first session. I am looking forward to future "spa for the soul" sessions as well as other events and programs that will be hosted by the Daughters of Grace!" Amanda Mazzeta



"The first meeting of the Daughters of Grace 'Spa for the Soul' was rightly named. I came to the meeting feeling exhausted but left the meeting refreshed and peace-filled. That's

If you missed the DoG (😊) gathering this past Wednesday, the First Beatitude will again be the theme on **Saturday, October 21, from**

what a woman's group can do! Everyone was so welcoming, and the atmosphere was felt very comfortable. I'm really looking forward to the next meeting." Sue O'Connor

8:30-10:00 a.m. And don't forget:
All women are welcome!

- Olders, younger, and in-betweeners
- Working, stay-at-home, and retired
- Introverts, extroverts, and other-verts
- Jesus-lovers, Jesus-seekers, and even Jesus-avoiders

Come, taste, and see!

Celebrating the Giftedness & Witness of our Teens

By Q Furnald, Director of Youth Ministry & Contemporary Worship



The teens of our parish are such wonderful representatives of Christ to their peers, and their creativity shows the Heart of our God the Creator! In a special way, please join us in congratulating one of our Youth Ministry sophomores, **Tessa Niznik**, who is recognized in this year's Morristown Festival of Books, receiving 1st Place Winner in Fiction for her piece "Symbiosis." Her writing was selected among 170 submissions from students at 46 different schools in 12 counties across New Jersey.



She also brought her beautiful writing to witness as she shared the ways God has worked in her life in a prayerful talk given to her peers at our Youth Ministry Life Night this weekend after the 6 p.m. Mass. Grateful for the courage the Lord placed on Tessa's heart to profess His goodness and encourage her peers to continue their walk with Christ with joy and hope!

Elementary Family Faith:

"Mary, what was it like for you?"

By Diane Byrne, Elementary Family Faith Coordinator

We continued our unit on Mary, learning about what Mary's life was like. Through an interview-style presentation, the Cohan children shared how Mary's life differed from ours.

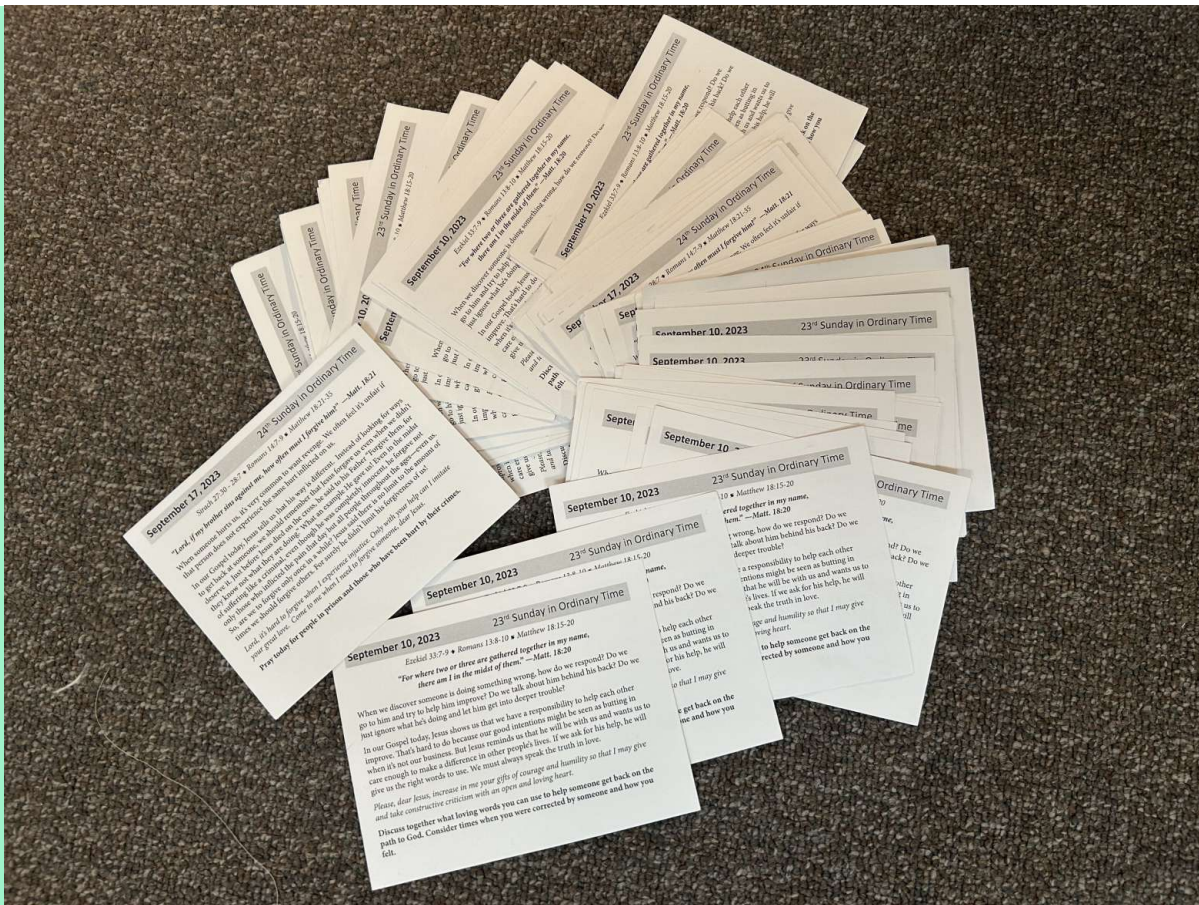


Makenzie, dressed as Mary, answered questions posed by Braeden and Kyliegh. Among other things, Makenzie shared that Mary lived in a one-room house with a dirt floor and a small window and that there were no spoons or forks back then, so Mary used her fingers to eat or dipped bread into a common bowl of soup or stew.

"Although they are not new to presenting in church, this was their first time doing so completely independently. We decided that Mackenzie would "become" Mary, and Kyleigh and Braeden would interview her about her life as a young Jewish girl living 2,000 years ago. I am so proud of their confidence and eagerness to share their faith!" Jen Cohan

Family Faith: Mass Transit Conversations

(Comments reflect previous Sundays' celebrations)



Was there something special you noticed at Mass today?

"A family got a prize for completing a transit card."

"Nash & Zoey giving out the music sheets and taking their job seriously."

"There was a gold castle."

"Audrey did the First Reading for the first time."

"Q played music and gave Q-tip!"

"I enjoyed when the drummer played the bongos."

"Grandma and PopPop received a special blessing, and we got to bring up the gifts."

"We noticed the gold house (Tabernacle)."

"The music was uplifting and made us feel good at the end of Mass."

What was one new insight the homily gave you?

"Life isn't always fair. Open your heart and be generous."

"What God gives you is fair. Do not be envious of others."

"God gives us what we need."

"God's love is equal for everyone."

"Don't keep score. Trust. The Lord is generous."

"It's okay if things are not faith sometimes because everyone is good at different things."

This week's Mass & Lamp Intentions

Parishioner Announcements

Memories that share our story...

Congratulations to Lauren & Chris Zeris, who, joined by family and faith community friends, brought their marriage before the Lord in the Sacrament of Matrimony!



Bishop Kevin with Fr. Paddy, celebrating Mass at Morris Catholic High School





*Food Rescue supporting Interfaith Food
Pantry Network's Food Drive*





Family Mass





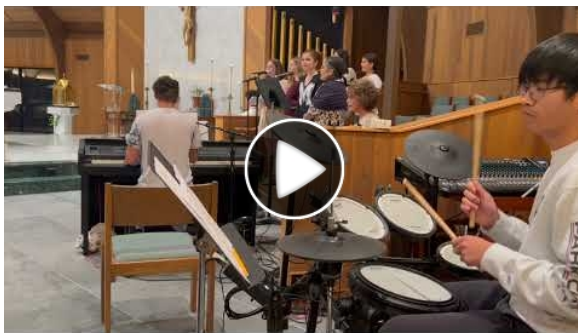
Rosary Coast to Coast







6 PM Mass with Contemporary Worship - Welcoming back a few of our now college young adults who were home for a short visit and stepped in to serve Mass by reading, Altar Serving & singing with our music ensemble!



Sent by Cristina Folan - Communications

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