

Follow Me 2018

An Invitation to Purposeful Discipleship



**JESUS SAID,
“COME, FOLLOW ME”**

Enrich your spiritual journey,
grow closer to Christ, and connect
with fellow parishioners as you follow
a path of **purposeful discipleship.**

Register online at www.ndcarmel.com

Registration Deadline: MONDAY, JANUARY 29TH!

If you don't have online access, please contact our parish office at 973-538-1358, ext.100

All sessions begin after Ash Wednesday, February 14, 2018.

GROUP DESCRIPTIONS & SCHEDULES

MONDAY

***Unlocking the Mystery of the Bible: 8 sessions;**
7:00-8:30 PM; Feb. 19, 26; Mar. 5, 12, 19, 26; Apr. 9, 16.

This study helps uncover the story woven throughout Scripture, giving you the “big picture” of the Bible and an understanding of what it is all about. You will learn how the Old and New Testaments are connected and how the sacraments, the Church and our Catholic faith are all rooted in Scripture. **(Bob Waters)**

TUESDAY

Traditional (Gospels): 5 sessions; 12:45-1:45 PM in Rm. 201;
Feb. 20 & 27; Mar. 6, 13 & 20. Explore the Sunday gospels during Lent and discover how the Lord might be speaking to you personally with each week's Scripture passage. Hear others' insights as to how the gospel is speaking to them in their daily lives. **(Father Paddy)**

Bible Stories & Great Works of Art: 5 sessions;

7:00-8:30 PM in Rm 203; Feb. 20, 27; Mar. 6, 13 & 27.

New and updated for 2018! Join this unique journey of faith-sharing as participants explore great biblical works of art by the Masters. Expert narrators will enhance an appreciation for the beauty and spiritual meaning of each masterpiece. Also included will be an artistic preview of each week's Lenten gospel. **(Carl & Chris Schlotfeldt)**

***Catholicism: The Pivotal Players: 7 sessions;**

7:00-8:30 PM; Feb. 20 & 27; Mar. 6, 13, 20 & 27; April 3.

Bishop Robert Barron presents six important saints, artists, mystics and scholars who not only shaped the life of the Church but changed the course of Western civilization. Included are St. Francis of Assisi (reformer), St. Thomas Aquinas (theologian), St. Catherine of Siena (mystic), Michelangelo (artist), Bl. John Henry Newman (convert) and G.K. Chesterton (evangelist). **(Pat Madden)**

Over, please...

WEDNESDAY

Conversion (Barron): 6 sessions; 10:30-11:45 AM; Feb. 21 & 28; Mar. 7, 14, 21 & 28. A Bishop Robert Barron-guided study, illuminating six Biblical stories of conversion. Based on the stories of six familiar people from Scripture who encountered Jesus and, as a result, were transformed and called to holiness and a better life through Him.

(Joanne McHugh)

Divine Mercy Holy Hour: 5 sessions; 7:00-8:00 PM, in the Chapel; Feb. 21 & 28; Mar. 7, 14 & 21. Join us for a special Holy Hour each Wednesday evening during Lent, with a short reading from St. Faustina's Diary, singing the Divine Mercy Chaplet, and silent adoration. All are welcome! Families are especially encouraged to come pray together.

(Marc Luciani)

THURSDAY

Lent: A Journey of Mercy: 5 sessions; 12:45-1:45 PM, in Rm. 201; Feb. 22; Mar. 1, 8, 15 & 22. Join Fr. Jhon as he explores with participants various Lenten themes that relate to God's unending mercy toward his people. Each week, a different Scripture passage will be used to illustrate the unconditional love and forgiveness of the Father. **(Fr. Jhon)**

The Story of a Soul (Therèse of Lisieux): 6 sessions; 7:00-8:15 PM in the Resource Rm; Feb. 15 & 22; Mar. 1, 8, 15 & 22.

Explore the life and spirituality of St. Therese ("The Little Flower") as seen in her own writings. Calls to holiness and witness to Christ may seem overwhelming to us, but St. Therese shows that this is simpler than we think.

Reflections and discussion will lead participants into a deeper relationship with Jesus, and will lay the foundation for discipleship. **(Debbie White/Liz Laverty)**

Rediscover Jesus: 6 sessions; 7:30-9:00 PM; Feb. 15 & 22; Mar. 1, 8, 15 & 22. If there is one person we should get to know in a deeply personal way, it is Jesus. What better time to rediscover him than right now, this Lent? Who is this carpenter from Nazareth, itinerant preacher, Son of God, Light of the World? This journey will incorporate Matthew Kelly's book, "Rediscover Jesus," and will include video clips, small group discussion, and prayerfully learning to unlock the mystery of the rosary. **(Beth Letizia)**

FRIDAY

***Marriage Oneness: 8 sessions; 7:00-9:00 PM; Room 201; Feb. 16 & 23; Mar. 2, 9, 16 & 23; Apr. 6 & 13.** The hope of deep, soul-level harmony is why we get married in the first place. But oneness doesn't just happen. Couples make it happen. And it can deepen over the lifetime of a marriage. This 8-week Lenten journey, which is DVD-based, will help equip couples to grow in intimacy, connection and purpose. Materials include real-life success stories, inspirational quotes and a variety of helpful resource information. **(Debby & Eric Kispert)**

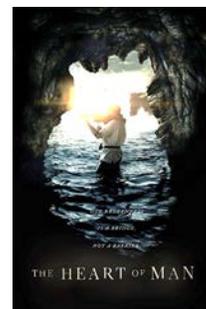
SATURDAY

***Oremus (Prayer): 8 sessions; 10:00-11:30 AM; Feb. 17 & 24; Mar. 3, 10, 17 & 24; Apr. 7 & 14.** What makes it so difficult to pray? How can prayer transform my faith and my life? This is a journey through the simple, yet profound steps to an effective and fruitful prayer life. Participants will discover how God speaks to them, even in the smallest encounters. Those who participate will learn how to express themselves to God in prayer, and how to hear his voice through the noise of daily life. **(Jean Pankow)**

ONE-TIME EVENT:

PIZZA, FILM & DISCUSSION: "THE HEART OF MAN"
SATURDAY, FEBRUARY 17: 6:00 – 8:30 PM

Join us as we view this film, a cinematic retelling of the parable of the Prodigal Son. Interwoven throughout the film are true testimonials of brokenness, identity and shame, with the story illuminating the age-old truth that shame is not a barrier to God's love, but a bridge to transformation, victory, freedom and hope! Viewing of the film in the church will be preceded by a light pizza dinner in the Parish Hall. Must register! **(Ken & Cristina Folan)**. \$7 donation to cover the cost of pizza dinner.



If you have any questions or need additional information, contact Jean Pankow at 973-538-1358. Ext. 122 / jpankow@ndcarmel.com.

***There is a nominal \$15 donation/person to help cover the cost of participant materials.**
However, if you are experiencing financial difficulties, please contact Jean Pankow at the number/email noted above.