

There is no right or wrong way to make a shawl. Please feel free to express your creativity when making a prayer shawl.

For your convenience we have included both a knit and crochet pattern.

Before you begin, a prayer is said for the recipient of the shawl or robe.



Shawl Prayer

May this shawl be for all a sign of Your loving, healing presence.

May it warm us when we are weary; may it surround with encouragement when we feel discouraged. May it assure us of Your care and comfort when our loved ones are in pain. May it remind us that You love us. And that we are surrounded by the prayers of others.

Amen

Knit Version

Cast on 63 stitches or any multiple of three, such as 54, 57, or 60.

First row Knit 3, purl 3 to the end of the row.

Repeated row Turn and knit the purl stitches and purl the knit stitches.

Work about 2½ skeins in this pattern. Use the rest of the yarn for fringe, which can be from 3 inches to 9 inches long. Knot the ends of the fringes to keep the yarn from frizzing.



Crochet Version

Chain 54 stitches or desired width of shawl.

Row 1: dc in 3rd ch from hook. Dc in next 2 ch. *ch1, sk 1 ch, dc in next 3 ch* across to end.

Row 2: Ch 3, turn, dc in each of next 2 st, *ch1, sk 1 st, dc in next 3 st* to end. Chain 3 and turn.

Continue with R2 until you reach the desired length. Fringe or border as desired.

Color Chart

RED - love, respect, energy, courage, strength, warmth,

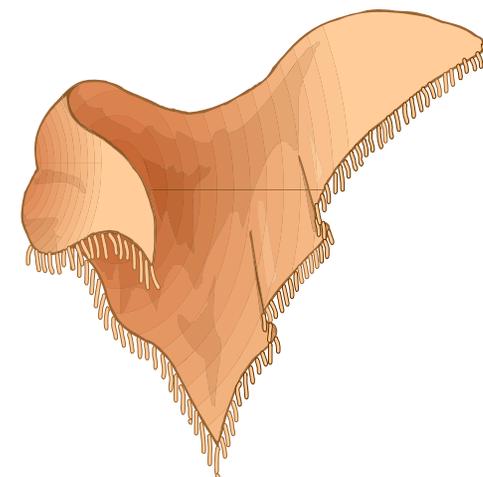
PINK - friendship, compassion, soothing,

YELLOW - faith, well-being, friendship, energizing,

GREEN - earth, healing, , sympathy, hope, health

BLUE, healing, tranquility, , peace, sincerity, spirituality, faith,

VIOLET - Spirit, spirituality, truth, comfort



The Prayer Shawl Ministry at Notre Dame of Mount Carmel Parish is dedicated to providing comfort to those in need. By using our time and talents we share God's love through our handiwork.

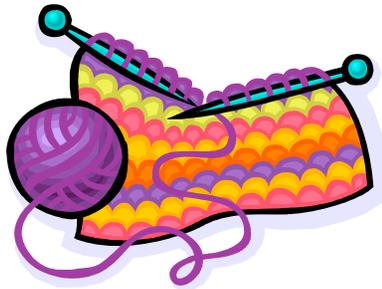


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For more info on shawl ministries
visit www.shawlministry.com

Over time, lap robes and shawls have come to represent refuge and peace.

The gift of a Prayer Shawl helps to provide healing and comfort to the sick, the lonely and the elderly. The giving of a Prayer Shawl enriches the giver as well as the recipient.



The Notre Dame of Mount Carmel Prayer Shawl Ministry meets on the second Saturday of every month at 1:00 PM in the Parish Center. Please come and visit with us.

We welcome and appreciate any donation of yarn or finished items.



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Prayer Shawl Ministry

