

**REGISTER
NOW!**

Notre Dame of Mt. Carmel

CEDAR KNOLLS, NJ

Join us on a weekend retreat from daily life!



~ A Spiritual and Social Experience ~
For women 25 yrs. old and older

Cornerstone is a unique retreat designed to provide participants an opportunity to revitalize and deepen their spiritual lives. The retreat lasts approximately 26 hours, beginning on Friday evening at 6:30 PM, and ending with a Closing Liturgy on Saturday evening at 7:30 PM. All participants are provided sleeping accommodations at the parish, which helps ensure the spiritual continuity of the experience for everyone involved.

"It was a time of peace and calm in my busy life...sharing thoughts and feelings, connecting with other women and renewing my spiritual journey with God"

"It was one of the most spiritual experiences of my life. It exceeded all my expectations!"



Register online at www.ndcarmel.com

Registration donation: \$50

Registration closes Monday, October 16, 2017

For further information visit us at www.ndcarmel.com, or contact:

Denise Panyik-Dale – dpanyikdale@gmail.com – 973 267 2479

or Mary Ficke – Ficke44@aol.com – 973 476 4843.