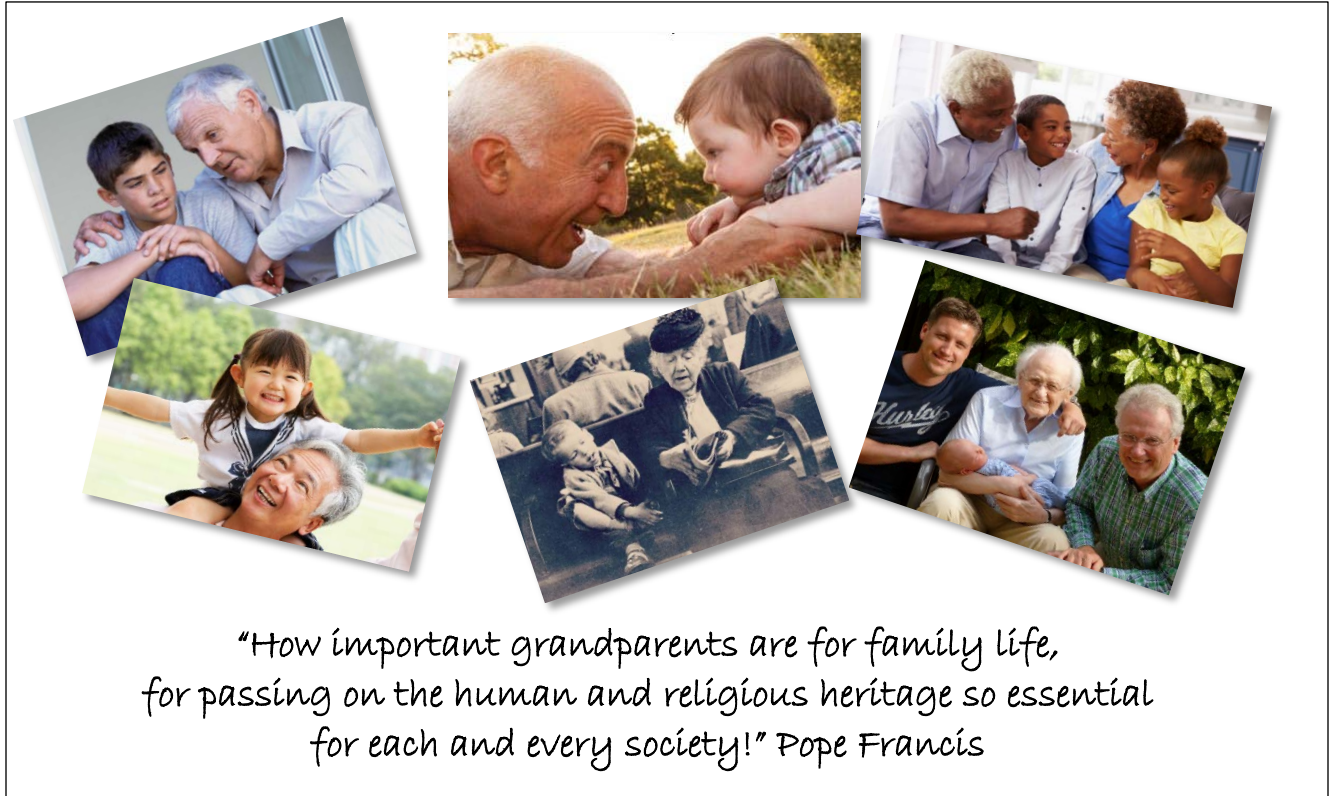


Notre Dame of Mt. Carmel
CEDAR KNOLLS, NJ

Be a part of Notre Dame's

Honoring Our Grandparents

Online Journal!



*"How important grandparents are for family life,
for passing on the human and religious heritage so essential
for each and every society!" Pope Francis*

We are assembling an online journal of entries from parishioners of a favorite picture of a grandparent(s) and a thought or a memory to go along with the picture.

Email us at commsupport@ndcarmel.com (or bring to our parish office) your favorite grandparent(s) photo, along with a personal thought or memory (a few sentences or short paragraph).



Not just for adults!!! If you know how much your child loves his/her grandparent(s), this may be a great opportunity to help him/her express their appreciation for their beloved grandpa/grandma, through this special project!



Thanks Grandma
and Grandpa

Entries will be accepted through the end of August.

The journal will be shared on our website on **National Grandparents Day, Sunday, September 10!**

Over please...

A PRAYER OF BLESSING FOR GRANDPARENTS

An excerpt from an online publication by Rebecca @ DaySpring

God blessed me with two very different grandmothers. One whimsical, affectionate, with an instinctive understanding of how to manage children. The other a poised professional woman who encouraged me to take pride in my work. One taught me to live for the moment; the other to plan strategically. One instilled in me the ability to dream big; the other the discipline to achieve great things. I loved them both dearly.

My mother's mother had 29 grandchildren and yet, she was able to make each of us feel special. She approached altercations with a smile. To one she would say, "You're much too kind to treat anyone badly so I know you didn't mean to hurt your cousin." To the other, "You're such a beautiful, strong girl. I'm sure you can find it in your heart to forgive your cousin." When we arrived in large groups for cousin weekends, we knew we were going to have fun—even doing chores. Grandma's approach was quite effective. "When it comes to dusting," she would say to me with a kiss and hug,

"you're the best." Who wouldn't be eager to do her bidding?

My father's mother lived too far away to visit regularly. When we did spend time at her house, we were expected to be on our best behavior. Grandmother wrote beautiful letters and a card with money for our birthdays. Her handwriting was long and elegant; her words filled with praise for each accomplishment. "There is no limit to what you can do, what you can be, if you work hard," she would tell me.

Grandparents hold a special place in the lives of their grandchildren. And, this unique connection allows grandparents the opportunity to impact the lives of their grandchildren in a positive and long-lasting way. Deuteronomy 4:9 (HCSB), gives us this command, "*Teach what you've seen and heard to your children and grandchildren.*"

Being a grandparent is a great privilege and a source of endless joy and satisfaction. Let's pray this prayer together, a prayer of blessing for grandparents everywhere and the grandchildren they love so dearly



Dear Father God,

*Thank You for the blessings that come along with being a grandparent.
It's a bond of enormous strength, binding together multiple generations.*

Show us how to relax and enjoy our time together.

*Thank You for showing us how to respect boundaries, dispense wisdom,
and express our love in a creative way to each of our grandchildren.*

*We praise You, Heavenly Father, for Your promise in Proverbs 17:6 (NIV),
"Children's children are a crown to the aged."*

In Jesus' Name, Amen.

