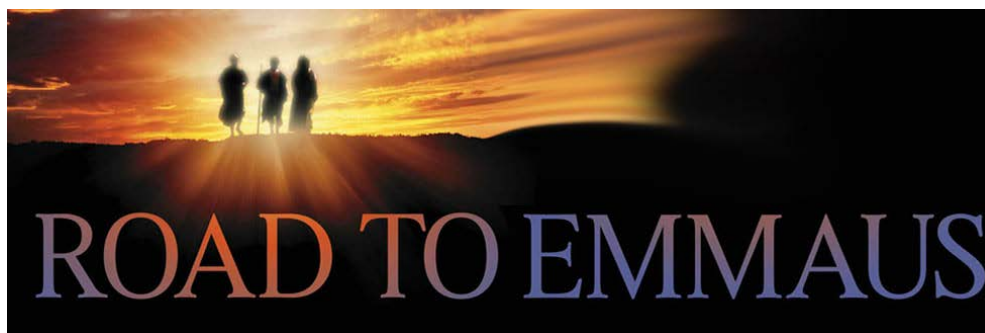


## ROAD TO EMMAUS: A MEN'S RETREAT

Presented by The Men's Ministries of  
Notre Dame of Mt. Carmel & Assumption Parishes



**FRIDAY EVE. OCTOBER 6 TO SUNDAY NOON, OCTOBER 8, 2017**

At St. Mary's Abbey Retreat Center, Morristown, NJ

*Have you attended Cornerstone (or some other spiritual retreat)  
and asked the question "What's next?"*

*Does your spiritual life seem like a rudderless ship?*

*Do you sometimes struggle to separate the wheat from the chaff?*

**This retreat can help you find direction!**

The Road to Emmaus Retreat is designed to build on the foundational work accomplished by Men's Cornerstone. The purpose of this retreat is to help men who have completed Cornerstone continue on their faith journey and deepen their relationship with God. It will offer perspectives drawn from sacred scripture, spiritual writings, our Catholic tradition, and the personal experiences of the presenters.

The Road to Emmaus is divided into 4 sessions. Each will begin with a thesis to establish the topic for the session, followed by a presentation/personal sharing and discussion. Participants will be introduced to a variety of Spiritual Practices and ceremonies to aid them along the journey.



**Register online at [www.ndcarmel.com](http://www.ndcarmel.com)!**

*Retreat Fee: \$195\**

*(Includes retreat materials, meals & sleeping accommodations)*

*\*Please do not allow financial concerns to prevent you from attending this retreat. Please contact Pat Madden at (973) 885-0895 or via e-mail at [pcmadden@hotmail.com](mailto:pcmadden@hotmail.com) for discreet financial assistance information.*

**For further information regarding Emmaus Retreat contact: Paul Cocco at 973-271-2623,  
or via email at [pfcocco@yahoo.com](mailto:pfcocco@yahoo.com).**