

Notre Dame of Mt. Carmel

CEDAR KNOLLS, NJ

*Have you experienced a death in the family or the loss of a loved one?
Are you trying to help someone who has experienced a loss?*

Please join us for a

BEREAVEMENT SEMINAR



with Deacon Henry deMena, MA

THURSDAY, MAY 4, 2016 AT 7:00 PM

Room 103 (downstairs, across the Parish Hall)

Deacon Henry's seminar "*There is Hope*" will focus on giving you helpful and enlightening information on bereavement. This is a safe place. You will not need to share unless you want to.

THE SEMINAR COVERS:

- Normal responses to the bereavement process
- Timetable & support for the bereaving process
- How to help one another & children
- Faith issues with death
- How to get through the holidays

"One thing I've learned as bereavement coordinator at the Saint Barnabas Hospice is that people are really helped by knowing what they will experience. Sometimes this is the best counseling I can give them."

- Deacon Henry

Please join us! All are welcome ~ Registration is not required.

For more information, please contact our parish office at 973-538-1358, ext. 122